

A Simple Question...

by: Lyn Ayre, 2002

“So, are you saying you are cured of MS and Lupus?” came the question.

My response is simple. “No, I am not cured. The symptoms sometimes bother me from time to time. I do say I am healed, though, because the symptoms don’t bother me often. When I was sick, I was just getting worse and worse with no lessening in between. I had to use canes, a wheelchair, and a scooter to get around on the days I could get up off the couch. I lost my job. I lost feeling in various parts of my body. My vision blurred and I was known to just pass out at the drop of a hat. I was in a tremendous amount of pain.

Now I feel well. I have energy from morning to night and am improving every day. I am back into life. I feel whole again.”

In an effort to come up with an even better answer, I went online and typed in ‘what is the difference between being healed and being cured?’ The following reply was number three on the list. I thought it was worth mentioning here.

“From ‘defining complementary and alternative healthcare, Healthcare Network, Health Canada’

A cure is an externally applied medical intervention that removes all evidence of diagnosed disease. Healing is an internal process of recovery that takes place on the Physical, Emotional, Mental, and Spiritual levels and results in the person’s having a sense of being complete, in balance with self and surroundings. Because the two need not and may not occur together, it is possible for a person to feel healed even when a cure is no longer possible, and to be cured but not healed.”

There is a difference between being cured and being healed. A cure is something that can be measured in scientific terms. To heal comes from an Old English word meaning to make whole. It belongs to the realm of body, mind, and soul and is not so easily measured. By combining the best that science has to offer with the wisdom of holistic healing, we have a better chance of being cured and healed of disease.