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# DRUMMING & JOURNEYING WITH REIKI



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**CERTIFIED PRACTITIONER**

## ~DRUMMING & JOURNEYING WITH REIKI~

**Pre-Requisite:** Level One Reiki-any frequency

### Day One 10-1 & 2-5 pm

- Earth Energy Empowerment
- Working with the White Light -Opening and Closing Drumming/Healing Circles
- Smudging
- Creating Sacred Space
- Working with the Seven Sacred Directions
- Journeying for our Power Animal

Lunch break

- Rattling
- Chanting
- Nature
- Journeying for our Spirit Guide
- Creating Spirit Stones

### Day Two 10-1 & 2-5 pm

- Attunement of the drum and drum carrier
- The Medicine Wheel
- Group drumming for entrainment
- Learning how to use the Reiki symbols during a Drum Journey
- Reiki Drum Journeying session

Lunch Break

- Spiral of Light Meditation
- Drumming ~Re-patterning session-give and receive
- Group drumming for world peace
- Present Certificate and take photo
- Closing Ceremony